

RETURNING FROM OVERSEAS SELF-ISOLATION GUIDELINES

LEVEL 1

CRITERIA:

HAVE RETURNED FROM OVERSEAS TRAVEL. LEVEL 2

CRITERIA:

HAVE RETURNED FROM OVERSEAS TRAVEL AND BECOME UNWELL DURING THE 14-DAY SELF-ISOLATION PERIOD.

LEVEL 3

CRITERIA:

HAVE RETURNED FROM OVERSEAS TRAVEL, BECOME UNWELL AND TEST POSITIVE FOR COVID-19.

LEVEL 1 ACTIONS:

- Immediately return to your place of residence and self-isolate for 14 days.
- Do not leave your property. That means don't to go to the shops, walk the dog or go to the gym.
- Any other household residents who haven't travelled do not need to self-isolate.
- Minimise close contact with other household residents. Avoid sharing dishes, utensils, towels and pillows. Wash them thoroughly with soap and water. Avoid face-to-face contact closer than 1.5 metres.
- If you remain well for the 14 day period, you may then return to your normal activities on day 15.
- If you become unwell during the 14-day self-isolation period progress to Level 2.

LEVEL 2 ACTIONS:

- You should attend your nearest COVID-19 clinic if you live in the Perth metropolitan area. In regional areas, ensure you notify your health service prior to arriving at a public hospital, health service or remote health clinic.
- Go directly to the testing location from your place of residence and return immediately home.
- Remain in self-isolation until a test result is received. Other household residents can undertake their normal activities while your test result is awaited.
- Minimise close contact and avoid sharing items with other household residents.
- If the test result is negative you will be required to remain in self-isolation until the 14-day period is up. You can resume normal activities on day 15.
- If you have a positive test result for COVID-19 progress to Level 3.

LEVEL 3 ACTIONS:

- If COVID-19 test returns a positive result, you are to remain in self-isolation until you recover and are cleared by the Department of Health to resume your normal activities.
- An interview will be conducted to determine if you have any close contacts, including household contacts.
- Any close contact with others in your household or outside, while you were infectious, need to self-isolate (as in Level 1)
- Household residents deemed to be close contacts who remain well must continue to self-isolate for a full 14 days after the last contact with the positive case and can resume normal activities on day 15.

ENFORCEMENT

PENALTIES OF UP TO \$50,000 WILL APPLY FOR BREAKING SELF-ISOLATION.

NOTE:

If you have received a positive result and require medical attention because your condition has changed, you must call ahead to your nearest health service and advise that you need medical assistance PRIOR to arriving. The health service will then provide instructions you must follow upon your arrival.